
Cooler Packing

Plan, prep, prep

To eat with panache around the campfire, we can't stress enough the value of a pre-prepped meal plan.

For salads, pre-chop ingredients & seal in heavy duty ziplock bag or individual mason jars. Don't forget dressings, cooking oils and rubs that deliver flavour. Ketchup, mayo (be careful to keep very cold), mustard. Pre-grated cheese saves time and mess. We can supply locally made Rub That Rubs upon request: Halifax Donair, Piri Piri, Brazilian, to name a few. Visit <http://www.rubthatrubs.com> for details.

We marinate our meat and freeze it in double, heavy duty ziplock bags. Store in cooler bottom to avoid leakage onto other food. See lists & recipes: www.eastcoastglampers.com for inspiration. We're always happy to help!

Taking the chill off:

We do not supply nor advocate heaters in our tents. Pack layers and seal up the tent before dusk to avoid dampness. Air tent in morning sunshine to dry.

For chilly nights we like to line our bed with a sleeping bag for extra insulation and sleep with a duvet. Remember hot water bottles, fluffy socks and a warm camping hat.

The use of any fuel burning heater in a tent puts you at risk of injury and carbon monoxide poisoning.



Glampy Camper Pack List

What you won't want to leave behind...



Arrival Tips:

- Put the kids on their bikes, crack a cold one and take a deep breath. It's set-up time.
- Scope out a flat area, free of debris & stumps.
 - When laying out tent, ensure door faces where you want it and tent is 8ft.+ away from fire pit & cooking stove.
 - Be aware of over-hanging low branches that may eclipse top of tent.
 - Before pegging, walk around and check all peg holes are on clear ground and not over a rock and make any slight adjustments as needed.
 - Follow enclosed set-up instructions and you'll be pitched in about 15 mins.

ECG Glamping Packs:

If you've booked with us, then your interior is glamped. We supply the following:

- LED ambient interior lighting & LED tea lights
- Int. Rug
- Bunting (a glamping necessity)
- ECG Welcome Kit & Mini First Aid Kit

Slumber Pack:

- Camp beds with protective cover sheet
- Throw Cushions
- Bedside Table
- Air pump if air mattresses supplied

To Pack:

- Sleeping bags or bedding, pillows
- Flashlights
- Hot water bottle
- Fluffy sox or slippers for inside tent
- Chargers and mini-speaker or guitar

Remember:

- Day Pack for hiking & outings
- Beach towels
- Bath towels
- Shower shoes (flip flops) always handy!
- Toiletries (we'll have a few treats but you'll need your faves)

***Remember stow animal-attracting scents in car with food, & NOT tent.**



Pantry

- Chopping board, pairing knife
- Peeler, garlic press
- kettle, bodum
- Recycling bags
- = included in ECG Pantry Pack Rental
- Bottle & can openers
- Mini cooler & Water Cooler Jug
- matches
- BBQ tongs, flipper, mitt, garbage can



- Propane stove, gas canister
- Fry pan, Pot & Lid
- T-Towels
- Dish Soap
- Washing-up Tub
- Clothes Pin & Rope for clothesline
- Picnic table & bench covers & clips
- Paper napkins, foldable food cover net
- Plates, bowl, cups, cutlery, mugs, one large salad bowl
- wooden sandwich boards

- Paper towel, Clingfilm, Tinfoil
- Ziplock Bags
- Cheese grater
- Garbage bags, compost bags, laundry bag
- Swiss Army Knife
- Tupperware for storing butter & leftovers
- Extra Coolers
- Exterior Lantern for night time (optional)
- Tarp & rope for picnic table incase of rain



Glampy Extras:

Toque for chilly nights & a campfire blanket or fleece

Tip: A head light wrapped around an empty milk jug (turned inwards) makes a great lantern

Tip: Recipe & grocery ideas at www.eastcoastglampers.com & always store food & coolers away from tent, in car at night to avoid attracting animals. "In the Bag": Pack a snack bag & a breakfast bag for ease in the a.m. & p.m.

Tip: Roll Packing: roll a complete outfit for space & tidiness: undergarments-on shirt-on pants - then roll-up to make one easy outfit grab!